

SHHAKES & BITES

SHAKES

FALOODA (MOST DEMANDING
NATIVE SHAKE IN INDO-PAK)
MANGO OR ROSE , ICECREAM, CHIA
SEED ,SEV & NUTS **\$10**

MIXED BERRIES \$10

TROPICAL

(MANGO,BANANA,PINEAPPLE). **\$8**

CHOCOLATE MILKSHAKE **\$9.99**

CARAMEL ESPRESSO MILKSHAKE
\$9.99

VANILLA MILKSHAKE **\$9.99**

BANA & DATES SHAKE **\$9.99**

MANGO CUSTARD ICS SHAKE **\$10**

MANGO LASI **\$6.99**

PARATHA PLAN \$4

PURI \$4

ROTI \$3

DESI BREAKFAST \$

NATIVE VILLAGE STYLE,
PARATHA, FRIED EGG OR OMELETTE
WITH PAKISTANI CHAI **\$16.99**

WRAP & ROLLS

**PARATHA POTATO & HERBS
STUFFED \$10**

PARATHA MIX VEG STUFFED

PARATHA PANEER MIX \$10

**STUFFED.
PARATHA BEEF MINCE
STUFFED. \$12.99**

**PARATHA CHICKEN MINCE
STUFFED. \$12.99**

FRENCH TOAST

SERVED WITH MAPLE \$13

SYRUP & CREAM(4 SLICE)

BURGERS

TOASTIE \$5
CHEESE & MAYO

FRIED EGG OR CHICKEN
KIWI BURGER BEEF OR CHICKEN

FRIED EGG, AIOLI, MAYO, CHEESE **\$9.50**

**SALT & HERBS SPECIAL
BURGER. \$13.99**

CHOICE OF MEAT, EGG, MUSHROOM
GRAVY, SALAD

DESSERTS

KULFA \$10

HOMEMADE ICECREAM, WAFERS, NUTS

KULFI \$8

HOMEMADE ICECREAM, WHOLE

MILK, SUGAR, SAFFRON & NUTS

GAJJAR HALWA \$12

(CARROT SWEET) COOKED IN MILK &
RICE

VEGITERIAN

CHANNA BHATURA. \$14.99

CHIC PEA MASALA , PURI, PICKLES

EGG PLANT MASALA \$17.90

(ALOO BEGAN) REAL AUTHENTIC
FLAVOURED, ONION, POTATO, TOMATO
PICES, HERBS

GRILLED EGG PLANT \$16.99

TOPPED WITH CHEESE,
HERBS, SPICES, SERVED WITH RICE



**Salt
&
Herbs**

Menu

CREAMY VEGETABLE PASTA

\$11

VEGETARIAN THALI \$25
MIXED

PAKORA, RICE, CURRY, SNACKS

VEGETABLE JALFREZI \$15

SEASONAL VEG, COTTAGE
CHEESE, SPICES, SERVED WITH PLAN
RICE

MIXED VEGETABLES \$13

SEASONAL VEG,
ONION, TOMATO, SPICES, SERVED WITH
PLAN RICE

CHANNA MASALA \$15.90

CHICKPEA MASALA

COOKED WITH ONION, SPICES AND
GRAVY

BOILED EGG POTATO

GRAVY

COOKED WITH HERBS AND SPICES THIN
GRAVY **\$19.9**

MIXED LENTILS \$14.90

FRY, BUTTER, PLAN RICE

**EGG POTATO DRY
MASALA \$15.99**

EGG, POTATO, COOKED WITH
CUMIN, SPICES



98 OLD TAUPU ROAD, ROTORUA, NEW ZEALAND 079854511

CHICKEN

CHICKEN MASALA \$17.99
CHICKEN COOKED WITH HERBS, THICK
GRAVY, SERVED WITH RICE

CHICKEN POTATO MASALA
CHICKEN COOKED WITH POTATO MEDIUM
GRAVY SERVED WITH RICE OR ROTI \$15.99

SWEET & SOUR CHILLI CHICKEN
COOK WITH SPECIAL SAUCE SERVED WITH
RICE \$19.90

CHICKEN CHILLI \$15
COOKED IN FRESH CHILLI, FRESH
ONIONS, GARLIC

CHICKEN CREAMY SPINACH
COOK WITH SPINACH, SPICES \$18.90

**CHICKEN GARLIC TIKKA PER
PIECE** \$12.99
WHOLE CHICKEN CUT IN 4 PIECES
PER PIECE SERVED WITH SALAD & SAUCE
SOFT PARATHA

CHICKEN FRIED PUMPKIN \$22
SALAD, RICE, SEASONAL
GREEN, SLAD, AVACADO

CHICKEN CREAMY, PASTA \$19

BUTTER CHICKEN \$13.99

CHICKEN, COOKED IN CREAMY GRAVY
SERVED WITH STEAMED RICE

CHICKEN RESHMI KEBAB
CHICKEN PIECES ON 5 STICKS, SERVED
WITH RICE, WITH CHATN \$19.90

LAMB

LAMB SHANK NIHARI GRAVY
\$19.90

LAMB SHANK COOKED ON SLOW FLAME IN
HERBS & SPICES GRAVY (ENERGETIC FOOD)

LAMB SPINACH \$19.99

SLOW COOKED LAMB
WITH SPINACH, HERBS & SPICES

LAMB BRAISED VEGETABLES
COOKED WITH MIX VEG, HERBS \$29.99
SPICES, SERVED WITH RICE OR PARATHA

LAMB KOLA PURI \$29.90
LAMB COOK WITH AFGHANI SPICES,
SERVED PARTHA BASED

BEEF

SLICED BEEF STEAKS \$22
BEEF SLICES WITH FRIED VEG AND FRESH
TORTILLA

SHISH KABAB \$18.90
mince mixed with fresh herbs & spices 5
STICKS served with roasted potato

MEAT BALLS BOWL \$17.90
RICE KOFTA, SALAD

BEEF CREAMY PASTA \$19

BEEF ACHAR MASALA \$18.90
COOKED WITH MASALA, BLACK SEED, FENNEL

BEAF POTATO MASALA \$18.90
COOK WITH POTATO, THICK GRAVY,
HERBS, SPICES

MEDITERRIAN PLATTER

**MOST LIKED AUTHENTIC
CUSINE** \$45
FRESHLY COOKED SERVED WITH
BEEF, CHICKEN KABAB, FRIED
EGG, GARLICK BREAD,
DIPS, RICE, ENOUGH FOR 2 PERSONS.

CHICKEN SHANWARI \$60
CHICKEN BONE KARAH,
AFGHANI STYLE
1.5 Kg, Afghani Herbs, FAMILY
FEAST

98 OLD TAUPU ROAD, ROTORUA
3015.

WWW.BESTFRESHFOOD.CO.NZ
SALT & HERBS CAFE, TAKEAWAY
T&C APPLY, VISIT WEBSITE FOR
TERMS & CONDITIONS